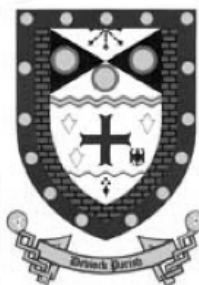


Magazine of the St. Germans and
Deviocck Parishes & Councils

NUT TREE



February 2018 Volume 32 (11)



Please email copy to nuttree.editor@yahoo.com or post to 'Tremaye' Donderry by the 17th of the preceding month. Any enquiries, please email or ring 250629

Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.

From the Parishes - Deviocck

Date of next meeting: Next meeting: Parish Council: 8th February 2018, 7.30 pm at the Coastal Zone, Donderry. Planning Committee: 22nd February 2018, 6.30 pm if required, at the Coastal Zone, Donderry.

Donderry Memorial Gardens

A group of gardening volunteers meet once a month on Saturday mornings 10 am – 12 noon to help maintain and improve these gardens which are a great local asset.

Please come along and join in.

The List of Dates for 2018:- 10th March; 7th April; 12th May; 9th June; 14th July; 11th August; 8th September & 13th October.

A volunteers Saturday coffee morning will be held at 10 am on 17th February to discuss the year ahead. Venue is Jasione, Front Road, Donderry.

Deviocck Neighbourhood Plan

Neighbourhood Plan meetings normally take place at the Coastal Zone, Donderry on the first Thursday of the month at 7.30pm. All are welcome to attend

The Deviock Parish Office is located at:-

The Vestry, St. Nicolas Church, Main Road, Downterry PL11 3LE Tel. No. 01503 250 052 Email: clerk.deviockpc@btinternet.com

Opening hours are:- Wednesdays: 2pm – 4pm, Thursdays: 9am – 12 noon

Check out the website at: www.deviockparish.org.uk

(Agendas and Minutes are available on the website) Tim Pullin – Parish Clerk

St Germans

Despite being made aware of the difficulties caused, Citibus have made it clear they do not intend to re-instate the bus through St. Germans village. This makes it very hard for residents who are dependent on the bus, and the council will continue to raise specific concerns with Citibus.

On a brighter note, the organisers who have worked so hard towards the recreation field in St. Germans have said they very much hope it will be open this summer.

As Nut Tree readers are aware, there are defibrillator machines now installed in St. Germans, Tideford, Polbathic and Bethany. South West Ambulance are holding training sessions in the use of the defibrillators. The dates are:

Monday 19th February. St. Germans Eliot Hall. 7pm.

Wednesday 21st February Tideford British Legion. 7pm.

Please come to be trained. You may save someone's life!

News from Cornwall Council

I would like to thank everybody in Downterry, Seaton and Narkurs for your patience and understanding during the closure of the Seaton to Hessenford road. I realise it was very frustrating for all residents but as everybody is aware it is repair work that had to be done and Cormac had no choice but to close the road. The job will now be completed under traffic lights with no further closures planned. Finally I would like to thank some members of the community who during the whole road closure period helped some residents get to work on time. Some days by helping them to catch another to Liskeard and some days by taking them to Liskeard and bring them home after work. A wonderful community gesture.

Homechoice, Cornwall council's system for allocating social housing is about to change with new rules being put in place so that homes go to those with a strong connection to Cornwall and who are in the greatest need. A new website was launched on 10th January to make it easier for people to set up a user account so that



they will be able to see their Homechoice application and bid on properties when they are listed. Current Homechoice applicants do not need to register a completely new housing application. Their current application will be "transferred" to the new system. Current applicants will only need to set up a user account on the new website to access their housing application. The key changes are:

- 1) New rules mean applicants who do not apply for any suitable properties that become available through Homechoice or refuse two suitable properties in a 12 month period will be removed from the Homechoice register.
- 2) People with Household incomes of £60,000 or more or with assets worth more than £50,000 will not be allowed to join the Homechoice register.
- 3) Cornwall Council owned properties, around 1/3rd of Cornwall's 29,000 social housing properties, will be prioritised for households on an annual income below £30,000.
- 4) Applicants will need to have a 3 year connection to Cornwall to be allocated a Cornwall Council property or a property that Homechoice has nomination rights over. Similar qualifications will apply to Parish connections too.

I would like to help Cornwall Council see the end of single use plastics. Imagine if we could be the first county in the United Kingdom to stop the use of single use plastics -making a real step forward to protect our beautiful environment and harm to our seas. It is paramount that residents try to influence their local communities and town and Parish Councils. Please try to remove plastic from the local beaches and try to get it recycled. Thank you.

If I can help with any Council related issues please contact me on 01503220768 or by email at richard.pugh@cornwallcouncillors.org.uk

Cornwall Hospice Care

The next Baked Potato Lunches will be held on Thursdays
1st February & 1st March. 11.30am-1pm £5 All welcome



Downderry and Seaton Village Hall

The **COFFEE MORNING** is on Tue 6th Feb, 10am-12noon, come in and have a chat, coffee, and our themed special which this month is Crumpets.

Saturday February 10th is **the BIG BREAKFAST** always very popular. Turn up between 10.00am-1.00pm for your big plate of egg, bacon, beans, tomatoes, sausage, toast, and tea or coffee, all for £4.95. Come along and bring a few friends with you, so you can all enjoy the wonderful fry-up & browse the bric-a-brac stall.

The PANTO is 14-17th February, with Bar, "Robin of the Hood". The hall is not available 10th-18th for other activities.....keep your eyes out for the posters on ticket availability.

Heads up for **NEXT MONTH** - AGM – March 2nd with refreshments. Coffee morning – March 6th Sat 10th – big breakfast with early plant sale. 1st Bingo of the year is 1st March Easter Bingo 22nd March

Nature

Gulls are so familiar a site along our coast and estuaries that people pay scant attention to them and dismiss them as just seagulls, a word that is not only misleading but covers a large variety of species. Given that large gulls such as Herring and Greater Black-backed take four years to reach maturity and exhibit changing plumages, there is much to observe. You can usually see seven different species in our area at some time during the year, more so in the winter, including the Common Gull which is not common. There is always the possibility of uncommon gulls from elsewhere in Europe whilst cold winters may attract gulls from the Arctic. Even gulls from North America stray in our direction. In fact I have seen 16 species of gull between Looe and Plymouth. You never know what is out there.

Alan Payne

Royal British Legion Soup and Pud Lunch

Saturday 3rd February 12 to 1.30 at the Royal British Legion Hall, Tideford.
£5 per person. All welcome. Proceeds towards GP90 in August.

The event is a modern recreation of the Great Pilgrimage to Ypres in 1928. We will be sending two members of our Branch to represent our community.

St Germans & District Garden Club

On 17th January Nick Bacon talked to us about 'Growing Veg the Old Fashioned Way.' He described many simple and inexpensive techniques the Victorian gardener used to grow superb plants and combat garden pests

Our next meeting is on Wednesday 21st February at 7.30pm in the Eliot Hall when Dick Fulcher will be talking about 'The beauty of Rhododendrons'. Visitors always welcome.

The Zone A Fresh Expression of the Methodist Church in Donderry

The Chapel by the Sea

The service for February is on Sunday 11th Feb at 5pm

This will be taken by The Reverend Jonathan Budd, our Superintendent Minister. There will be refreshments after the service. We welcome anyone who wishes to join us.



St Germans Thursday Club

We are celebrating the 45th birthday of St Germans Thursday Club on Thursday 8 February at 2.30 pm in the Eliot Hall. We hope you can join us.

The Annual General Meeting of the Thursday Club will take place in the Eliot Hall, St Germans at 2.30 pm on 23rd February. Anyone interested is welcome to attend.
Celia Boardman

St Germans WI

Our programme for 2018 begins with an illustrated talk on architecture by James Cock, RIBA, who practiced for many years in Bath, amongst the most stunning buildings in the world! Do join us. Meanwhile, we still need your ideas and memories of life then and now in St Germans, for the new edition of the Cornwall Village Book (previously published 1991 and 2000). We hope, with YOUR help, to have the copy ready before the end of February to send to the Cornwall WIs HQ.

Sketches of St G and area very welcome. Please get in touch if you want a look at the last Cornwall Village Book or the publisher's guidelines.

Contact Sue Cousins 230106 or Trish Gregory 230697.

Our next meeting: Architecture and Architects Through the Ages

an illustrated talk by James Cock, RIBA



Downderry and Seaton WI

After all the activity of the Christmas season it was pleasant to relax and enjoy our New Year tea party in January. The Hall was warm and welcoming, the food plentiful and delicious (all contributed) and we were entertained by “local boy “ William Shimell who gave us a fascinating insight into his career as an opera singer, illustrated by recordings of a selection of his work.

This month's meeting is to be on Tuesday 13th February at the Zone at 1:00 p.m. It will be our AGM, so now is your chance to share in how we shall move forward for the coming year ! Look forward to seeing you there. Pat Paxton is our President (tel. 250 161) should you wish to know more. J.Daniel.



Hessenford News

Well to start with, I don't need to remind you that February is the month of **LOVE!** It is also the month to show your commitment to 'Doing Your Bit', i.e. simple steps to reducing plastic litter in Hessenford, the local district & the whole of Cornwall. Take part in a beach clean, these websites all have details: www.mcsuk.org, www.sas.org.uk, www.beachclean.net,

www.cornwallwildlifetrust.org.uk. Maybe you could design & make a piece of art made from all the bits of plastic you find on the beach. We can have a display & run a competition in the hall the weekend of the Flower Show. Ditch the straw

www.finalstrawcornwall.co.uk & follow the campaign to make Cornwall the UK's first plastic straw-free county on Instagram or Facebook. Choose free tap water over bottled water, www.refill.org.uk , www.you.38degrees.org.uk/petitions. Invest in a reusable coffee cup. Think before you flush & remember the three Ps!! The only Ps allowed down the loo!! Beware balloons, which can entangle & choke wildlife to death. Shun cheap polystyrene bodyboards, check out the #WaveOfWaste dress www.keepbritaintidy.org. Buy with awareness, www.sas.org.uk sells must-have eco-friendly alternatives.

I hope you all set realistic resolutions at the beginning of last month but if you need some help & advice go to www.getactivecornwall.co.uk. Have you planned to take up a new hobby? You may like to Knit for Peace, www.knitforpeace.org.uk. Or go to Pilates &/or Yoga in the hall on Monday nights. Or become a family of runners like the Williams family, who recently broke some records running round the salt marshes near Bideford. Or become part of the parkrun family along with the Marriott family. Also this year make a point of getting outside & visiting somewhere new. Seek out some of Cornwall's unsung locations, including St Nectan's Glen, Nancekuke, Nanjizal Bay & Dozmary Pool, www.secret-cornwall.com. I don't think there's anybody new in the village yet, but something's been going on in the barn [just up Pig Lane] which has been empty of residents long before Dave & I moved to the village, so watch this space. Just a note to let you know from last months events, SHELTER & Shelterbox received £100.00 & 186.68, respectively. Some of you noticed that one of the leading participants in the New Year's Day swim was missing, well he did make a brief visit back to the Motherland in January but is now sunning himself in Panama! Alright for some! He'll be back again soon. **Gardening tips of the month:** Seed potatoes are available now. Chit them (allow shoots to form) by placing them in a light, cool, frost-free place. Moss will start growing on lawns before grass so kill it with ferrous sulphate. Clear leaves from around snowdrops so you can see their flowers emerging. Put up bird nesting boxes this month in readiness for the tits. Betsy is having a Tool Sale in her garage, & depending on the value of the item, you may wish to donate something to a charity of your choice or you can obtain the item for free. **Thought for the Month:** As we grow older our bodies get shorter & our anecdotes longer [Robert Quillen]. Belated January Birthday wishes to Alsie. February Happy Birthday wishes to Benjamin, Heather, Terry, Fiona & Margaret & anyone else I don't know about. Dates for your diary/calendar: the Twinning Visit 27th to 29th April. St Anne's Flower Festival, 5th to 7th May. Harry & Meghan's wedding, 19th May.

Deviock Parish Community Lunch

St Nicolas Church Downterry

Every Wednesday at noon there is a community lunch and natter at "St. Nic's". ALL ARE WELCOME. A yummy 3 course , home cooked , meal is provided by volunteers and donors.

This has become a simply lovely community occasion with lots of nattering and a chance to catch up and connect . More than half who attend , and volunteer , are local folk who enjoy the banter, and the food and may not attend Church services regularly, if at all . So , come and join us , especially if you are new to the area .

There is never a charge for the meal , donations are welcome in the box at the back of the Church and offers of help are always valued .

Walking Netball

Play and enjoy netball at school? Given up all thought of playing again? Can't find a sport that really fills the gap, the fun the laughs the sheer joy of the teamwork?

Men have walking football, why can't we have walking netball? Well now we can thanks to Cornwall Sports Partnership. info@cornwallsportspartnership.co.uk 01872323344. Walking Netball is ideal as someone can start playing gently and build up gradually, aiming to do a little more each session. Older people who take part in Walking Netball will see many benefits: lower heart rate and blood pressure, less fat and more muscle and better mobility. We are looking for women to join our brand new session of Walking Netball beginning on Tuesday 20th February at 7.00 p.m. in Saltash. If you would like to know more about this exciting new development, please phone Maura Swabey on 01503250322 or email maura_swabey@yahoo.co.uk Also read Rose's story about how she has walked back to recovery at her local Walking Netball session

<http://netballsouthwest.co.uk/featured/wednesday-walking-back-recovery/>

Wed. February 7th at 2:30 pm in the Eliot Hall, St Germans

All welcome - £2 refreshments included

Downderry & Seaton Pantomime - Something Robin Hoody.

Can it be a year already? How time has flown. The wait is over. It's pantomime season in Downderry. Oh, yes it is! Put the performance dates in your diaries, February 14-17. This year the Downderry & Seaton Village Hall Drama Group is bringing you "Something Robin Hoody" by Kate Entwistle, one of our very own pantomime actors, who starred as a memorable Buttons in last year's sell-out production of Cinderella. Kate is also making her debut as director.



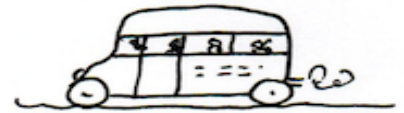
The box office opens for ticket sales on Thursday February 1 from 10am to 1pm in the Downderry & Seaton Village Hall. The box office will then operate each day from 10am to 1pm either in the Village Hall or at the Blue Plate restaurant opposite the hall. Look for the sign daily on the Village Hall door. From 10am on Thursday February 1 (but not before) you can also make ticket bookings by phone to Kevin Done, the producer, on 07770 472375. The phone line will be open all hours (within reason!). Please leave a detailed message, if it is engaged. Prices will be unchanged at £7.50 for adults and £3 for under-16s.

Move quickly to avoid disappointment. Try and be flexible on which night you want to come. And remember the last few years' productions have sold out on all four nights. So what can possibly go wrong? What dastardly plot has the evil Sheriff of Deviock conjured up to fleece the downtrodden local villagers? What of Robin, a giant of a man, an outlaw with the strength of ten men? Can he ride from the forest with his Merry Men to the villagers' rescue? Can he free fair Maid Marian from her prison in the Sheriff's castle. Which of you will win in the exciting interval raffle? There's only one way to find out. Buy early. Buy often.



Save the Children

Just a little news: sadly 3 brave staff workers were killed in the Save the Children compound in Afghanistan in mid January, they were Afghan Nationals trying to help their own people, fortunately the remaining 46 staff survived the ordeal. In Greece we are supporting refugees with basic maths, Greek and English classes, training in infant nutrition, and food support for pregnant women and we continue to work to united families who have been separated and provide specific care such as counselling and protection to children who arrive alone. In the UK we continue to support young children living in poverty by improving their early learning, providing emergency items such as cots, pushchairs and bedding for families and offer 8 week courses for parents and children together to learn how to support their children's education at home. To support our work please join us for a smashing lunch at the Whitsand Bay Hotel Friday 16th February 12.00, 2 courses £15, 3 courses £17.50 To book please call Chris Wiseman 01503 250614 or christinewiseman@rocketmail.com.



Community Bus News February 2017

Our Community bus runs to Plymouth, Liskeard and Trago each week. It also runs a variety of trips and outings to places like Truro, Exeter, Falmouth, Totnes. There is a team of almost 40 people dedicated to various tasks in order to keep the bus running. Having lost a few helpers during the last year, we are looking for a few more. If you feel that you could help, please call me on 250356. Steve L. This month's coffee morning will be at St. Nicolas Church on Friday 16th as the pantomime crew will be occupying the village hall.

Excursions February and March 2018

February – Friday 23rd Plymouth Gin Distillery

The Plymouth Gin Distillery (also known as the Black Friars Distillery) in The Barbican has been in operation since 1793 and used to be a significant manufacturer of gin in the UK.

Gin Distillery Tour £7.00 (40 minutes)

Restaurant on premises (The Barbican Kitchen 01752 604448)

Depart Donderry 0930: Duration of stay 3hours:

Cost £3.40 return (Single £2.40)

March - Friday 23rd Falmouth National Maritime Museum

Multi-award winning, family friendly, 15 galleries, **National** Small boat Collection, 100 foot Look Out Tower, Tidal Zone, exciting new 2018 Titanic exhibition.

Cost £ 7.00 return (Single £ 5.20) Ticket £12.95 Adult (no concessions)

or Drop off at National Trust Property - Trelissick

Trelissick House, Garden and Parkland - An inspirational **garden** with varied

woodland planting, mixed borders with bright summer and autumn flowers together with exotic perennials. Perched at the head of the Fal Estuary, **Trelissick** boasts jaw-dropping views.

Cost £ 7.00 return (Single £ 5.20) Ticket Cost to non NT members £12.00

Services and Excursions during Feb 18						
DATE		DESTINA	DEPART	LENGTH	FARES	
				STAY	SINGLE	RETURN
Feb						
Thursday	1	Liskeard	9.30 am	2 Hours	£1.70	£2.30
Tuesday	6	Plymouth	9.30 am	4 Hours	£2.40	£3.40
Thursday	8	Liskeard	9.30 am	2 Hours	£1.70	£2.30
Saturday	10	Trago	2.00 pm	2.25 Hours	£2.70	£2.90
Tuesday	13	Plymouth	9.30 am	4 Hours	£2.40	£3.40
Thursday	15	Liskeard	9.30 am	2 Hours	£1.70	£2.30
Friday	16	Coffee Morning + 300 club, St Nich Church , 10.30-12.00 noon £1.00				
Tuesday	20	Plymouth	9.30 am	4 Hours	£2.40	£3.40
Wednesday	21	TRURO	9.30 am	4 Hours	£4.10	£5.50
Thursday	22	Liskeard	9.30 am	2 Hours	£1.70	£2.30
Friday	23	Plymouth	9.30 am	3 Hours	£2.40	£3.40
Distillery tour 40 mins-£7, Master distillers tour 2hs 40mn-£40						
Tuesday	27	Plymouth	9.30 am	4 Hours	£2.40	£3.40
Mar						
Thursday	1	Liskeard	9.30 am	2 Hours	£1.70	£2.30
Tuesday	6	Plymouth	9.30 am	4 Hours	£2.40	£3.40
Thursday	8	Liskeard	9.30 am	2 Hours	£1.70	£2.30
Saturday	10	Trago	2.00 pm	2.25 Hours	£2.70	£2.90
Tuesday	13	Plymouth	9.30 am	4 Hours	£2.40	£3.40
Thursday	15	Liskeard	9.30 am	2 Hours	£1.70	£2.30
Friday	16	Coffee Morning + 300 club, Village Hall, 10.30-12.00 noon £1.00				
Tuesday	20	Plymouth	9.30 am	4 Hours	£2.40	£3.40
Wednesday	21	TRURO	9.30 am	4 Hours	£4.10	£5.50
Thursday	22	Liskeard	9.30 am	2 Hours	£1.70	£2.30
Friday	23	Falmouth N	9.30 am	4 Hours	£5.20	£7.00
Maritime Museum - £12.95, also can drop-off at Trelissick £12.00 (if non-NT)						
TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250118 Mon-Fri 9.00am-5.00pm						

Downderry and Seaton Community Bus 300 Club

it must have been the freezing cold weather stopping our lovely supporters joining us for coffee on Friday 19. January, or perhaps that nasty flu bug!

The draw was made for the 300 club as follows:- 1st..no. 44- Lynne Rees, 2nd...no.137-Val Glastonbury and 3rd...no.23-Pam Wilson.

Now, about renewing your 300 club number.. seven people who have been emailed have not replied! I need your feedback.. I am collecting e.mail addresses and any amendments to the address book. So... e.mail me on sue.asplins@gmail.com , telephone me on 01503250532 or pop a note into the Downderry Stores for me, just mark it 'Sue 300 club, and they will pass it to me. . Easy peasy, OR come along to our coffee mornings for a coffee with biccies , browse the bric a brac stall, choose a home made cake, have a go at the raffle . What is not to like?
Sue Langridge, 300 club Secretary

Downderry Post Office

A public meeting took place at St Nicolas Church on 15th January to consider the future of Downderry and Seaton's Post Office service. The meeting was told that the Post Office counter at Downderry Stores will cease operating at 13:00 on 21st March this year. It is important to note that Downderry Stores' core grocery and provisions business will continue trading as usual and will not be affected by the closure.



As yet, there are no firm plans for replacement of the existing Post Office service but there are options which may be considered. These include: -

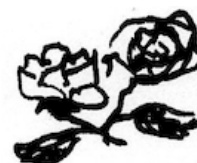
- 1) Replacement Post Office Counter - hosted by a local business (cafe, shop etc.) and operating in a broadly similar way to the existing Sub Post Office.
- 2) Basic "Outreach Service" - provided by an out-of-district Postmaster specialising in "mobile" Post Office services. This would be set-up in a fixed location in Downderry or Seaton typically for two hours on each of two days per week.
- 3) Extended "Outreach Service" the same service as option 2 but benefiting from extra hours and/or days but these would probably at additional cost to the community.

The public meeting expressed a preference for Option 1 (Replacement Post Office Counter) integrated into a local business but accepted that this will be dependent upon a business coming forward and successfully applying to run the contract. The Residents Association is able to represent the interests of the community and put forward options but any decision about if and how a replacement local Post Office service is to be provided will be made only by Post Office Limited.

The meeting tasked the Residents Association with investigating the viability of each of the above options and to start a consultation with Post Office Limited as well as potential providers of a future Post Office service. Progress on discussions will be reported in editions of The Nut Tree and a follow-up public meeting will take place in March. In the meantime, should you have any questions or relevant suggestions then please call Dave Gatland on 01503 250800.

Memorial Service

A Memorial Service for Beryl Elizabeth Hammond shall take place on Friday February 2nd at 11am at St Nicolas Church, Downderry.



Soup and Pudding Lunch

Eliot Hall Community Centre,

February 2018, 12 midday - 2 pm

£5. Enjoy good food and good company at the Eliot Hall Soup and Pudding Lunch. No booking required.



St Germans, Wednesday 21



**DOWNDERRY & SEATON VILLAGE HALL
ANNUAL GENERAL MEETING**

**on FRIDAY, 2nd MARCH 2018
at 7.30 pm in the Village Hall**

**VILLAGE HALL MEMBERS and the COMMUNITY* ARE CORDIALLY
INVITED TO ATTEND**

**The AGM AGENDA will be on display in the main Hall, Porch, Snooker
Room & the window adjacent the main entrance on Friday, 16th February,
2018.**

Refreshments will be served at the close of the meeting.

We look forward to seeing you.

***Non-members are welcome to attend and participate but cannot vote.**

AGM:- ELECTION of the VILLAGE HALL COMMITTEE

1. VILLAGE HALL MEMBERS ARE INVITED

- a) to put forward proposals to change the Rules and/or the Membership fee;
- b) to stand, or nominate another Member to stand for election as either the President, Chair, Treasurer, Secretary or a Committee Member at the AGM on Friday, 2nd March 2018. Every candidate and nominee must provide their name and contact details and the position for which they are standing by email or letter. In the case of a nomination, a letter is required, signed by both the nominator and the nominee.

2. All proposals & candidates' names will be published in the AGM agenda.

**3. All proposals & candidates' details must be received by the Secretary by
NOON on SATURDAY, 10th FEBRUARY 2018 at the latest.**

**Email: val@glastonbury-engineering.co.uk / Letters: posted in the Hall's
mailbox by the front entrance**

Rita's Rota

February 2018 Dates

1 9.30 Com Bus Liskeard; 9.30 Parish prayers HC; 11.30 BP lunch DSVH; 7.30 Neighbourhood plan CZ; 7.30 Panto PolH

2 10.00 CM CZ; 7.30 Panto PolH

3 12.00 Soup and Pud lunch TRBL; 7.30 Panto PolH

4 11 Eucharist SNCh; Service 5pm TC

6 9.30 Com Bus Plym; 10.00 CM DSVH; 9.30 Parish Prayers SGPC; 6 Prayers SNCh

7 12.00 Community lunch SNCh; 7.30 St G WI EHS

8 9.30 Com Bus Liskeard ; 9.30 Prayers HC; 2.30 St G Thursday Club birthday EHS; 2.30 Memory café CZ; St G PC EHS

9 10.00 CM CZ

10 10.00 Big breakfast DSVH; 2.00 com bus Trago

11 9.30 Prayers HCH; 11 Parish Praise SGPC; 5.00 Communion CZ

12 9.30 Prayers SGPC; 6 Prayers SNCh

13 9.30 Com Bus Plym; 9.45 Mobile Library SG Alms, 10.15 Quay Rd, 1.55 IOS, 2.40 Seaton; 1.00 Dd WI CZ

14 9.30 Ash Wednesday Service SNCh; 12.00 Community lunch SNCh; ; 7.30 Panto DSVH

15 9.30 Com Bus Liskeard; 9.30 Prayers HC; 7.30 Panto DSVH

16 10.00 Bus CM CZ; 12.00 Save the Children lunch Whitsand Bay Hotel;

7.30 Panto DSVH 17 10.00 Mem Gdns CM Jasion Dd; 3 Messy Church SGPC; 7.30 Panto DSVH

19 9.30 Prayers SGPC; 6 Prayers SNCh; 7.00 Defibrillator Training EHS

20 9.30 Com Bus Plym

21 12.00 Community lunch SNCh; 12.00 Soup and pud lunch EHS; 7.00 Defibrillator Training TRBL; 7.30 Garden Club EHS

22 9.30 Com Bus Liskeard; 9.30 Prayers HC; 2.30 Memory café CZ, Deviock Planning CZ

23 10.00 CM CZ; 2.30 Thursday Club AGM EHS

25 9.30 Morning Prayer SNCh; 11 prayers SGPC

27 9.30 Com Bus Plym

28 12.00 Community lunch SNCh; March 1st 7.00 Bingo DSVH

29 9.30 Prayers SGPC; 6 Prayers SNCh 2nd 7.30 AGM DSVH

CZ Donderry Coastal Zone; CA Copley Arms; DSC D'derry School; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EHS Eliot Hall St G; HC H'ford Church; HCH H'ford Church Hall; IOS Inn on the Shore; SGMC St G Methodist Ch; SGPC St G Priory Church; SkMH Sheviock Mem Hall; SCP Seaton Country Park; SNCh St Nicolas' Church; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall

Copy for Rita's Rota should be sent to ritasrota@yahoo.co.uk by 15th of the preceding month.